



# The Sharing Tree

Your source of information at the Glastonbury Senior Center

### Office Hours:

Monday - Friday

8:00 am to 4:30 pm

Tues. & Thurs.

8:00 am to 8:30 pm

Saturday

9:00 am to 3:30 pm

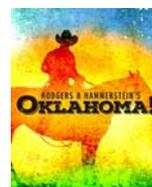
Main Information Number (860) 652-7638

Dial -A-Ride Numbers:

Reservations: (860) 652-7643

Cancellations: (860) 652-7638

## August 2017



**Goodspeed Opera House  
presents : "Oklahoma"  
Wednesday, September 6, 2017  
10:30 am Leave RCC  
Approximate Return: 6:00 pm  
Cost: Resident: \$ 104.00**

**Non-Resident: \$114.00 includes Lunch,  
Show and Transportation**

The Rodgers & Hammerstein classic that changed American musicals forever dawned at Goodspeed for the very first time. Passion, laughter and high-kicking choreography blossom in a land where the wind comes sweepin' down the plain. A legendary score—including "Oh, What a Beautiful Mornin'," "The Surrey With the Fringe on Top" and the rousing title tune—will put you in a brand new state! Before the show enjoy lunch at the Gelston House with your entrée choice of the following:  
A) Herb Beurre Chicken; B) Grilled Salmon; C) Bistro Steak or D) Sherry Cream Pappardelle Pasta. Mixed Green Salad with Balsamic Vinaigrette, Dessert: Chef's Choice or Ice Cream with Coffee or Tea. (Sodas, juices, and other beverages are not included).



**Cedar Hill Cemetery Tour -  
First & Last Tavern-  
Hartford  
Thursday, August 10  
9:30 am Leave RCC  
10:00 am Tour Cemetery**

**11:45 am Lunch First & Last Tavern  
Transportation & Tour Cost (lunch on own)**

**Resident: \$12.00**

**Non-Resident: \$14.00**

Upon arrival at Cedar Hill Cemetery, a docent will join the group on the van to explore the encompassing 270 acres of notable politicians, writers, actors, artists and educators buried there. Discover Cedar Hill's world of art, culture, history and natural beauty!

Following our tour, we're off to enjoy lunch at the iconic First and Last in Hartford.



### The Seafood Express

from Hartford - to the Shoreline

Don't miss out on this treasured summer pastime, as we continue our journey along the Connecticut shoreline.

#### Jimmies of Savin Rock - West Haven

Wednesday, August 16, 2017

10:15 am Leave RCC 11:00 am Lunch

Approximate Return to RCC 2:00 pm

Cost: Resident: \$7.00 Non-Resident: \$9.00 (lunch on own)

Once a hot dog stand, now a spacious family-run eatery serving seafood, steak & Italian classics. Satisfy your appetite with huge portions you'll only find at Jimmies Galley. Time to stroll along the boardwalk and enjoy the water views.

#### Smarty's Restaurant- Niantic

Wednesday, August 23, 2017

10:30 am Leave RCC 11:30 am Lunch

Approximate Return to RCC: 3:00 pm

Cost: Resident: \$7.00

Non-Resident: \$9.00 (lunch on own)

Smarty's Restaurant - the "Cheers" of Niantic - overlooks beautiful Niantic Bay and offers a casual and comfy atmosphere. Time available to browse in downtown Niantic

#### CT Science Center Adult Coffee Club

*Presents: Global Soundscapes with our Science Show Presenters -*

*Front Street Café for lunch*

Tuesday, September 5, 2017

10:30 am Leave RCC

11:00—12:30 pm Program - 12:45 lunch on own at Front Street Cafe

Approximate Return to RCC: 3:30 pm

Cost: Residents: \$23.00 Non-Residents: \$27.00 includes Transportation and Admission. (lunch on own)

Embark on a mission to investigate the dramatic soundscapes of Costa Rica's rainforests, Hawaii's coral reefs, and Mongolia's vast grasslands. Learn how animals use sounds to survive and communicate in lush, but threatened environments. Funded by the National Science Foundation.

#### Thimble Island Cruise - Stony Creek & Rocky's Aqua in Clinton

Thursday, August 17, 2017

8:45 am Leave RCC 12:00 pm Lunch

Approximate Return RCC: 3:30 pm

Cost: Resident: \$20.00

Non-Resident \$24.00 plus money for lunch



### SAVE THE DATE

Ritz & Glitz

Port n Starboard

Ocean Beach - New London

Friday, September 22, 2017

10:30 am Leave RCC -

Approximate Return to RCC: 4:30 pm

\$7.00 Transportation fee payable to:

*Town of Glastonbury*

Lunch Buffet & Entertainment

Cost: \$25.00 Checks payable to

*Senior Resources*

Don't miss your chance to join hundreds of seniors throughout Eastern CT at this annual fun-filled event.



#### The Elderly Brothers

Thursday, August 24

5:30 pm Pizza & Salad

6:00 pm—8:00 pm

Cost: Resident: \$10.00

Non-Resident: \$15.00

Long-time popular solo artists, T-Bone Stankus and Brian Gillie have teamed up as the Elderly Brothers. Their radiant renditions and audience interaction are unsurpassed. Enjoy the solid groove and the upbeat, 50's and 60's bandstand repertoire that has made each of them such talented, innovative and celebrated performers. sh BOOM!

## Featured Classes and Activities

### Glastonbury's Senior Choral

Wednesday, August 9, 2017

10 am - 11 am

Group Leader: Ernie Recato

Register by calling 860-652-7638

Music fuels the mind and thus fuels our creativity. It is universal and there are no boundaries when it comes to music. So please join us once a month and let your spirits soar!



### Indoor Walking

Mondays & Wednesdays 12:15 pm - 12:45 pm

Feel free to walk once around the room or 10 times or more. You can walk at any speed. Any increased activity is good for you.

### Old Time Radio Shows Friday, August 25, 2017

10:00 am - 11:00 am

The adventures of Sam Spade & The Bob Hope Show. Time frame for each is 30 minutes. Registration is requested

### Canasta Tuesday, August 1, 15 & 29, 2017

12:30 pm - 2:30 pm

Join your friends or meet new ones playing the game of Classic Canasta. All levels of expertise are welcome! Cards will be provided.

Registration is required

### Chess Tuesdays, August 8 & 22, 2017

1:00 pm – 3:00 pm

Group Leader David - A wonderful activity to exercise the brain! Men and women of all skill levels who know the fundamentals of the game are welcome. Instruction is available when the group has a participant comfortable with this role. Bring your chess set if you have one. **Registration is required**

### Play Reading Group

Tuesday, August 8 & 22, 2017

2:30 pm - 4:00 pm

Facilitator: Martha Drummond - Want to meet new people and have lots of fun? There is no need to audition, memorize lines or search for books. We provide the books and you provide your playful self!

Registration is required

### Mahjongg Lessons Wednesdays

August 9 - August 30, 2017

1:00 pm - 3:00 pm

Instructor Zelda Lessne

Cost: \$15.00 - Class size limited - no walk-ins

Learn to play this exciting Chinese tile game. It's fun, challenging and an addictive game for all.



### Book & Author Discussion Group

Thursday, August 17, 2017

10:30 am

Facilitator: Geri Andrew

No charge or registration needed

*"Mink River"* by Brian Doyle - Brian Doyle's stunning fiction debut brings a town to life through the jumbled lives and braided stories of its people.

In a small fictional town on the Oregon coast there are love affairs and almost-love-affairs, mystery and hilarity, bears and tears, brawls and boats, a garrulous logger and a silent doctor, rain and pain, Irish immigrants and Salish stories, mud and laughter. **Upcoming books-** September - *"Brothers Karamazov"* October - *"Everyone was so Young"* November - *"The Farming of Bones"* December - *"The Children Act"*.



### Technology



### Computer Assistance by appointment

Tuesdays

9:00 am - Noon

Facilitator: Ron Massimino - Individuals can set up 30 minute appointment blocks for assistance with computer help. To make an appointment please call (860) 652-7638.

### Open Computer

Mon., Wed & Fri.- 9:00 am - 4:00 pm

Tuesdays - 9:00 am - 8:00 pm

Thursdays - 6:00 pm - 8:00 pm

Saturdays - 9 am- 3 pm (times and room availability are subject to change).

### Mac, iPad, or Smart Phone Assistance

will return in September 2017

## Evening & Weekend Programs & Events

### Coloring for Stress Relief      Thursdays



5:30 pm – 7:00 pm

Studies have shown that coloring is very beneficial to adults as it lowers stress levels and blood pressure! Come join your friends and socialize for a relaxing and stress free time. Supplies will be provided.

**Prior registration is required.**



### Pickleball

### Indoor - Riverfront Community Center

Tuesday Evenings only:

5:30 pm - 8:00 pm

### Outdoor - Addison Park Spring/Summer

Tuesday/Thursday Evenings:

5:00 pm - 8:00 pm

Saturdays 9:00 am - Noon



### Painting Workshops

Saturdays, August 12 & 26, 2017

9:30 am - 11:30 am

Join other art enthusiasts twice a month to work on paintings or drawings. No instructor - Bring your own supplies.

### Lifelong Learning "How to Draw"

Tuesdays, through November 14, 2017

5:30 pm—7:00 pm

How to Draw is a rich and deep resource, offering a wide spectrum of lessons that make the skills of drawing directly accessible. The 36 video lessons of How to Draw offer you dynamic and comprehensive training in the art of drawing. David Brody, Professor of Painting and Drawing at the University of Washington, brings more than forty years of study, studio work, and dedicated teaching to this course, demonstrating an inspiring teaching style and limitless insight into the learning process. No Fee, however registration is required.

### Save the Dates



**Connecticut Women's Hall of Fame  
Series of Talks—Tuesdays 5:30 pm**

**"Celebrating 300 Years of  
Connecticut's  
Remarkable Women"  
September 12, 2017**

**"Pushing Past No"  
September 19, 2017**

**"Powerful Voices"  
October 17, 2017**

**"Connecticut's African American  
Heroines"  
October 24, 2017**

**"Connecticut's Remarkable Jewish  
Women"  
November 14, 2017**

**"Women & War"  
November 21, 2017**



**Pizza and Ice cream  
in August!**



Cool off and join your friends for pizza, ice cream and lemonade at the Cozy Corner Café.

**Tuesdays, August 8 & 29 4:45 pm  
Thursdays, August 3 & 17 4:45 pm  
Cost: \$4.00**

Tickets may be purchased ahead of time in the office or at the Welcome Desk

**Social Services News**

**Glastonbury Social Services and Senior Outreach** Call 860-652-7634 if you want to:

**SPEAK** with a member of the Social Work staff

**FIND** out what programs you may qualify for

**MAKE an APPOINTMENT** for any financial assistance applications

**Get REFERRALS** to appropriate programs and services

**Learn about and/or apply for MEDICARE**

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7634

**Theresa Buckson: 860-652-7640**

**Susan Strayer: 860-652-7652**

**Susan Parrotta: 860-652-7636**

**Additional Veteran's Exemption:** Applications for Additional Veteran's Exemption from property tax are being taken through Friday, September 29, 2017. Income limits, based on 2016 figures, are \$35,200 for an individual and \$42,900 for a married couple. Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099). For more information or an appointment, please contact Social Services at 860-652-7634 or the Assessor's Office at 860-652-7600. Home visits can be scheduled as needed.

**Renters Rebate:** Renters Rebate application will be accepted through Friday, September 29. Glastonbury residents age 65 or older by 12/31/2016 or those receiving Social Security Disability are eligible if their 2016 income was \$35,200 or less for an individual or \$42,900 or less for a married couple. There is no asset limit for this program. The following documentation is required:

- 1) Income for 2016 – SSA 1099 required; income tax, if filed, or all 1099s if not
- 2) Monthly rent paid in 2016
- 3) Monthly utilities paid in 2016
- 4) Proof of disability if not on Medicare and below age 65

Appointments are necessary. Please contact Social Services at 860-652-7634 to request an appointment or for more information.

**Foodshare:** The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:00 to 10:45 on Wednesdays August 2, August 16 and August 30. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

**Carol's Closet:** A ministry of St. James Church, the paper pantry provides paper and personal products to Glastonbury residents. It is open the third Saturday of each month, which will be August 19, from 10 AM to 12 noon at St. James, 2584 Main Street. They may be reached at 860-633-8333 for questions.

**Back to School Program:** The annual Back to School Program that assists Glastonbury students in need of help obtaining school supplies will be held in August. Your donation of school supplies such as notebooks, pens, pencils, crayons, markers, backpacks, or monetary donations for the purchase of these items is greatly appreciated. Donations may be dropped at the Riverfront Community Center through August 11. Thank you.

**Support Group News****"EYE OPENERS" LOW VISION SUPPORT GROUP Friday, August 11, 2017**

The Low Vision Support Group will meet on from 10:00 - 11:30 in the Special Activities Room at the Riverfront Community Center. This group is open to any person living with low vision. Members learn from one another and guest speakers. Refreshments are served. For more information or to receive meeting announcements, call Susan Parrotta, 860-652-7636.

**The Caregiver Support Group** will not be meeting during the summer months. Please read The Sharing Tree for updates on when the meetings will resume. If you have any questions or concerns please call Susan Parrotta at 860-652-7636 or Susan Strayer at 860-652-7652. We wish you a happy summer and look forward to seeing you in the fall.

**Bereavement Support Group Wednesdays, August 2 & August 16, 2017****2:00 pm- 3:30 pm**

Have you had a family member or friend die recently? Are you experiencing the "symptoms" of grief such as the inability to eat or overeating; loss of sleep or the need for too much sleep; lack of concentration and feelings of hopelessness? Joining this group will provide you with support and strategies to cope. This group is co-sponsored by Hartford Healthcare at Home and Glastonbury Senior Center. Call Bill Pilkington, Bereavement Support Counselor at (860) 969-5442 for additional information.

**The Friendship Circle Memory Program**

The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. The Friendship Circle meets 3 days a week- Tuesday, Wednesday, and Thursday usually from 9:45 to 12:45 pm. A monthly fee of \$100.00 is charged. Lunch and transportation are included. For more information contact 860-652-7638.

**AARP Chapter # 2010 News:****AARP BOARD MEETING:****No meetings in July or August****AARP GENERAL MEETING:****UPCOMING TRIPS: 2017 Trips:****August 13-14****Boston Pops on Old Cape Cod****August 17****Who Loves You—Aqua Turf Club****September 8 –16 Montreal & Canada New England Cruise**

**To register: Contact Diane Mansur @ 860-569-6745 for additional information**

**AARP Smart Driver****Thursday, August 17, 2017****12:30 pm - 4:30 pm**

Cost: \$15.00 for AARP members; \$20.00 for Non-members. Check payable to AARP due upon advance registration. The insurance discount afforded to seniors taking the course is a minimum of 5% for a period of 2 years if you are 60 years of age or older.

### Health and Wellness News

#### **Free Blood Pressure & Wellness Clinic      Wednesdays      RCC      9 am – 12 pm**

Glastonbury's Community Health Nurse will be conducting the above clinic this month. Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed. Walk-ins are encouraged.

#### **Healthy Foot Clinic**

**Thursday, August 17 and Monday, August 28, 2017      RCC      8:40 am – 3:30 pm**

**Appointment Required – Call (860) 652-7638 to schedule an appointment**

**Cost: \$29.00 – check made payable to: Pedi-Care**

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. ***Walk-ins will not be accepted.*** Payments must be made at the time of your visit.

### Dial-A-Ride Shopping and Schedule Information

**For All Reservations Call: (860) 652-7643      For Cancellations Call: (860) 652-7638**  
**Information Line Call: (860) 652-7638**

#### **Weekly Shopping:**

**For residents who live north of Hebron Avenue (Zone A)**

**Mondays** Stop & Shop (Glastonbury Blvd.)

**1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month:** Shop Rite

**For residents who live south of Hebron Avenue (Zone B)**

**Thursdays** Stop & Shop (Oak Street)

**2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the month:** Shop Rite

**Mall Shopping Trip: Westfarms Mall      Wednesday, August 9, 2017**

**10:00 am Depart RCC      2:30 pm Return to RCC      Transportation fee: \$5.00**

**You may register for the monthly shopping trip at anytime during the month.**

### Other Transportation Options

**FISH Phone: (860) 647-3911** Transportation for Glastonbury residents to out of town medical appointments is available Tuesday through Friday from Glastonbury to the following towns: Hartford, East Hartford, West Hartford, Manchester, Rocky Hill and Wethersfield. Please note: pickup can be no earlier than 8:00 am and no later than 4:00 pm. FISH also transports to the Farmington Health Center for appointments between 10:00 am. and 2:00 pm. You must request a ride by noon of the previous day. FISH is unable to transport wheel chairs; parking fees are the responsibility of the rider.

#### **American Cancer Society's Road to Recovery Transportation Service**

**Phone: 1(800)227-2345.** They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

**A.D.A. Transportation, CT Transit** This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.00 each way). For application and info, call: **(860) 724-5340**

## Cozy Corner Café News

You can place your order via phone (860)368-4535, or in person ahead of time. Enjoy healthy combinations with fresh produce, yogurts and snacks. (Open Monday - Friday 9:30 am—1:30 pm).

### Cozy Corner Café

#### Pizza, Ice cream and Lemonade in August!

Tuesdays August 8 & 29 4:45 pm

Thursdays August 3 & 17 4:45 pm

Cost: \$4.00

Tickets may be purchased ahead of time in the office or at the Welcome Desk

For those individuals who may have special dietary needs or prefer a vegan or meat free diet, we will now stock foods to meet your needs on a given day. Please contact the office the day prior. *Thank you.*

11:45 am Lunch 12:15 pm Program (If Planned)

Ticket Prices: \$2.50 per person includes hot entrée, vegetable, dessert & beverage.

\$5.00 per Guest (does not live in town and/or not a senior citizen).

**\$4.00 Special Ticket includes Meal & Program (*Registration Required*)**

**All menu items are subject to change without notice when unforeseen circumstances occur.**

## August Lunch Entrée Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Stuffed Shells w/ Meat Sauce	<b>2</b> Parks & Rec. Indoor Picnic	<b>3</b> Pork Stroganoff	<b>4</b> Hot Dog w/roll
<b>7</b> Glastonbury History Swedish Meatballs	<b>8</b> Wheel of Fortune Broiled Cod	<b>9</b> Turkey Roll	<b>10</b> Baked Chicken	<b>11</b> Eggplant Parm
<b>14</b> Chicken a La King	<b>15</b> Words within Pork Roast	<b>16</b> Cheeseburger	<b>17</b> Glazed Baked Ham	<b>18</b> Tuna Melt
<b>21</b> Birthday Party Shepard's Pie	<b>22</b> Sing-A-Long Spaghetti w/meat sauce	<b>23</b> Pork Stir Fry	<b>24</b> Rueben Sandwich	<b>25</b> Chef's Choice
<b>28</b> Baked Meat Loaf	<b>29</b> TED Talk Shorts Pasta w/meat sauce	<b>30</b> Breaded Fish	<b>31</b> Cranberry Glazed Chicken Breast	

**Annual Senior Citizens' Indoor Picnic**

Wednesday, August 2, 2017

Cost: \$5.00 Ticket required - Glastonbury residents only (Age 55 &amp; Over)

9:30 am—1:30 pm



Start the day with a setback tournament followed by some terrific music! For lunch, enjoy finger licking good barbecue chicken with all the fixin's all in the comfort of air conditioning! End the day with bingo for all featuring some great prizes!

***Lunch, Learn & Sing***

12:15 pm

**Glastonbury History as seen through the eyes of Susannah Welles Monday, August 7, 2017**

Join Historical Curator Lin Scarduzio as she portrays Susannah Welles life in Glastonbury during the 1800's. Susannah will speak about the first day of harvest, which begins August 1 and food preservation, as well.

**Wheel of Fortune**

Tuesday, August 8, 2017

Get your thinking caps on and lets play Wheel of Fortune... Prizes will be given to the person/ who guesses the word...No shouting out the answer, it has to be your turn or your team's turn.

**Words within Puzzle**

Tuesday, August 15, 2017

Put your thinking cap on and join the fun as we identify words within . Guaranteed to help stimulate your brain. *FRIENDSHIP*

**Sing-A-Long**

Tuesday, August 22 , 2017

Come and join the fun singing along to some great songs. Words will be on the screen so you can follow along. More songs have been added to the list!

**TED TALK 2016/17 Conference shorts:**

Tuesday, August 29, 2017

**The short: "Buenos Aires – Inception Park."** The city of Buenos Aires becomes a roller coaster — minus the tracks. The creators: Directed by Fernando Livschitz

**The short: Paralympics "We're The Superhumans."** This 3-minute trailer for the Rio 2016 Paralympic Games is a beautiful portrayal of endless determination.

The creators: Production Company, Blink. Directed by Dougal Wilson. Agency, 4Creative. Executive Creative Directors, Chris Bovill and John Allison.

**The short: "Preposterous – A short about absurdity."** In these delightful scenes, things are not as you expect. The creators: Directed by Florent Porta

**Back by popular demand...**

**The short: "5 mètres 80."** Giraffes perfect their form during a high-octane, high-diving practice session. The creator: Nicolas Deveaux



## Keeping you Informed

### Ways to Increase Fluid Intake



#### Foods Can Be Hydrating, Too

While water is the go-to for most people, keep in mind that beverages are not the only source of fluids. Raw fruits and vegetables can pack a hydrating punch as well. For example, a small plate of cut vegetables, like celery sticks, cucumber slices, cherry tomatoes and bell pepper slices served with a healthy dressing or hummus for dipping can be a nutrition- and fluid-filled snack.

#### Foods with High Water Content

Ingredient	Percent Water	Serving Size
Cucumber	96%	1 cup peeled and sliced
Tomato	94%	1 medium
Watermelon	92%	1 cup diced, or 10 balls
Bell pepper	92%	3/4 cup sliced
Grapes	92%	1 cup
Cantaloupe	90%	1/10 (1 small wedge)
Orange	97%	1 medium
Blueberries	85%	1 cup
Apple	84%	1 medium



Aging Care.com  
-BY JENNIFER LEEFLANG



#### **Movies At the Riverfront Community Center**

Please note that we receive many recommendations on what type of movies we should and should not show at the center, and as a result have concluded that no two seniors are alike... Some folks want to see only comedies or romantic films. Others want the latest thrillers with lots of action. Because we offer a variety of films, there will be times when a film might not meet an individual's personal preference. Going forward, we will always show you the rating of the film, highlighting its content so that there will be a clear warning that the film may contain sexual content, violence, rough language etc.. Then the choice is yours!



## Movies At the Riverfront Community Center



For the movie programs, popcorn and an iced beverage will be available. There is no charge for these programs and no reservations are needed. ***Due to the length of movies and other circumstances there will be no previews*** If you wish to recommend a movie, please complete a suggestion form in the Senior Center office. ***Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie.***

### Monday Movie Madness      **Movies start promptly at 1:00 pm**

**August 7 "The BFG" (2016) ♦♦♦♦** Starring Mark Rylance, Ruby Barnhill and Penelope Wilton - A little orphan meets up with a kind giant who's supposed to eat her but instead protects her from some truly horrible giants who terrorize them both. Rated PG/Family movie/117 minutes.

**August 14 "The Bucket List" (2007) ♦♦♦♦** Starring Jack Nicholson, Morgan Freeman, Sean Hayes and Beverly Toad - Two terminally ill men bust out of the cancer ward with a plan to experience life to the fullest before they kick the bucket. Rated PG-13/Comedy/Drama/97 minutes.

**August 21 "Beauty & The Beast" (2017) ♦♦♦♦♦** Starring –Emma Watson, Dan Stevens, Luke Evans and Kevin Kline - Belle, a bright, beautiful and independent young woman, is taken prisoner by a beast in his castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the Beast's hideous exterior and realize the kind heart and soul of the true Prince within. Rated PG/Family/120 minutes.

**August 28 "Becoming Jane" (2007) ♦♦♦♦** Starring Anne Hathaway, James McAvoy and Julie Walters - A passionate romance with roguish barrister Tom Lefroy serves as the inspiration for the works of budding novelist Jane Austen. Rated PG-13/Drama/120 minutes.

### Saturday Matinees      **Movies start promptly at 12:00 pm (1:00 pm after Big Sing)**

**August 5 "What Ever Happened to Baby Jane?" (1962) ♦♦♦♦** Starring Bette Davis, Joan Crawford and Victor Buono - In this Grand Guignol chiller, Hudson sisters Jane (Bette Davis) and Blanche (Joan Crawford), both aging actresses, share a rotting Los Angeles mansion, where Jane, once a vaudeville headliner, remains lost in her deranged childhood fantasies. When a devastating car crash -- blamed on a drunken Jane -- leaves Blanche wheelchair-bound, her increasingly psychotic sister seizes the chance to settle a jealous score. NR/135 minutes.

**August 12 "Beauty & The Beast" (2017) ♦♦♦♦♦** Starring –Emma Watson, Dan Stevens, Luke Evans and Kevin Kline - Belle, a bright, beautiful and independent young woman, is taken prisoner by a beast in his castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the Beast's hideous exterior and realize the kind heart and soul of the true Prince within. Rated PG/Family/120 minutes.

**August 19 "The Whole Truth" (2016) ♦♦♦♦** Starring Keanu Reeves, Renée Zellweger and Gugu Mbatha-Raw - Asked to defend a 17-year-old accused of murdering his wealthy father, attorney Richard Ramsay begins to unearth unsavory details about the victim. Believing that his client is hiding something, Richard enlists a young lawyer to dig deeper. R/Suspenseful/93 minutes.

**August 26 "Florence Foster Jenkins" (2016) ♦♦♦** Starring Meryl Streep, Hugh Grant and Simon Helberg - Despite her horrid singing voice, New York City heiress Florence Foster Jenkins is certain she can become an opera star. Her partner and manager, St Clair Bayfield, does all he can to shield Florence from the truth, but his task may prove impossible. PG-13/Sentimental/110 minutes.

Town of Glastonbury  
Senior Services Department  
300 Welles Street  
Glastonbury, Connecticut 06033

PRSR - STD  
U.S. POSTAGE  
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Hartford, CT  
PERMIT # 300

**Return Service Requested**

## **The Sharing Tree**

**Registration Information:** Sign-up for all trips and activities will take place on **Friday, August 4 9:30 am for Glastonbury residents only**. Registration will take place in Community Room A. One person may make reservations for up to **two** people only. Checks should be made payable to the Town of Glastonbury. Registration for activities and lunches (not trips) can be made at the office before and after this date based upon space availability. Non-Residents may register on **Friday, August 9, 2017 (in office)**.

### **How to read/get a copy of *The Sharing Tree***

This newsletter is published monthly for Glastonbury seniors. You may access it online through the town website: [www.glastonbury-ct.gov-senior\\_services](http://www.glastonbury-ct.gov-senior_services). Copies of the newsletter are also available at the library and town hall as well as delivered to the congregate senior living facilities throughout town. If you are not currently receiving a copy and wish to do so, please contact the Senior Center office to arrange for receipt via e-mail or postal service.