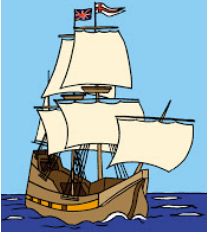



Senior Activities for October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Landscape Mixed Media 12:15 Indoor Walking 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Move: <i>"Ghostbusters"</i> 1:30 Tai Chi Intro</p>	<p>3 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 AARP Board Meeting 10:00 Rummikub 11:45 Lunch 12:15 Indoor Walking 12:30 Canasta 1:00 Pinochle 1:00 Stretcherize 2:30 Play Reading 5:30 Pickleball* 5:30 Lifelong Learning*</p>	<p>4 9:00 Men's Billiards 9:00 Open Computer 9:30 Registration 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics 2:00 Bereavement Support</p>	<p>5 9:00 Open Computer 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 11:45 Lunch 12:00 Line Dance - Beginners 12:15 Indoor Walking 12:30 CT CCC Talk 1:00 Stretcherize 1:00 Creative Crafters 1:30 Mac, iPad, Smart phone 1:1 Assistance 2:00 Wii Bowling 5:30 Coloring Stress Relief* 6:00 Tai Chi* 6:00 Open Computer* 6:00 Mahjongg*</p>	<p>6 9:00 Men's Billiards 9:00 Open Computer 10:00 Current Issues 10:00 Hatha Yoga 11:45 Lunch 11:00 Powerful Aging 12:45 Bingo</p>	<p>7 9:00 Co-ed Billiards 9:00 Open Computer 9:30 Painting workshop 12:00 Movie: <i>"The Haunted Mansion"</i></p>
<p>9</p> <p style="text-align: center;">CLOSED</p> 	<p>10 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Rummikub 11:45 Lunch 12:15 Oral Health Talk 12:15 Indoor Walking 1:00 Chess 1:00 Pinochle 1:00 Stretcherize 2:30 Play Reading</p>	<p>11 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 <i>Westfarms Mall</i> 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Discover the Universe 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics</p>	<p>12 6:30 <i>Vermont Covered Bridges - Trip</i> 9:00 Open Computer 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 11:45 Lunch 12:15 Indoor Walking 1:00 Stretcherize 1:00 Creative Crafters 1:30 Mac, iPad, Smart phone 1:1 Assistance 2:00 Wii Bowling</p>	<p>13 9:00 Men's Billiards 9:00 Open Computer 10:00 Hatha Yoga 11:45 Lunch 11:00 Powerful Aging 12:45 Bingo</p>	<p>14</p> <p style="text-align: center;">CLOSED FOR APPLE FESTIVAL</p> 
<p>16 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 10:00 Landscape Mixed Media 11:45 Birthday Lunch 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Harry & the Hendersons"</i> 1:30 Tai Chi Intro</p>	<p>17 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Rummikub 11:45 Lunch 12:00 AARP General Meeting 12:15 Indoor Walking 12:30 Canasta 1:00 Pinochle 1:00 Stretcherize 1:30 Caregiver Support Group 2:30 Play Reading 3:00 Technology w/ WTML 5:30 CWHF Series (see pg. 4)</p>	<p>18 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 <i>Pumpkintown Trip</i> 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics 2:00 Bereavement Support</p>	<p>19 8:30 Outdoor Walking Grp 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:00 Open Computer 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 Book Discussion 11:45 Lunch 12:00 Line Dance - Beginners 12:30 AARP Smart Driver 1:00 Creative Crafters 1:00 Stretcherize 1:30 Mac, iPad, Smart phone 1:1 Assistance 2:00 Wii Bowling</p>	<p>20 9:00 Men's Billiards 9:00 Open Computer 10:00 Current Issues 10:00 Hatha Yoga 11:30 <i>Nelson Hall presents Songs of the Grand Ole Opry</i> 11:00 Powerful Aging 11:45 Lunch 12:45 Bingo</p>	<p>21 9:00 Co-ed Billiards 9:00 Open Computer 9:30 Painting workshop 12:00 Movie: <i>"Casper"</i></p>
<p>23 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 10:00 Landscape Mixed Media 10:00 <i>Basketball Hall of Fame</i> 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Boo! A Madea Halloween"</i> 1:30 Tai Chi Intro</p>	<p>24 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Rummikub 11:45 Lunch 12:15 GHS Treble Choir 12:15 Indoor Walking 1:00 Chess 1:00 Pinochle 1:00 Stretcherize 2:30 Play Reading 5:30 CWHF Series (see pg. 4)</p>	<p>25 8:30 <i>Westchester Dinner Theater Trip "Annie Get Your Gun"</i> 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics</p>	<p>26 9:00 Intermediate Italian 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 <i>Sweet Pea's Restaurant</i> 11:45 Lunch 12:15 Indoor Walking 12:30 Red Hat Coquettes 1:00 Stretcherize 1:00 Creative Crafters 1:30 Mac, iPad, Smart phone 1:1 Assistance 2:00 Wii Bowling 5:00 Paint Night with Pamela</p>	<p>27 9:00 Men's Billiards 9:00 Open Computer 10:00 Low Vision Group 11:00 Powerful Aging 11:45 Lunch 12:45 Bingo</p>	<p>28 9:00 Co-ed Billiards 9:00 Open Computer 12:00 BIG SING 12:00 Movie: <i>"Spooky Buddies"</i></p>
<p>30 8:40 Foot Clinic 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Landscape Mixed Media 11:45 Lunch 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Beetlejuice"</i> 1:30 Tai Chi Intro</p>	<p>31 9:00 1:1 Computer Assist 9:00 Co-ed Billiards 9:00 Open Computer 9:45 Friendship Circle 10:00 Rummikub 12:00 Halloween Special Luncheon 12:15 Indoor Walking 12:30 Canasta 1:00 Pinochle 1:00 Stretcherize 2:30 Play Reading</p>			<p>* Programs continue Weekly through the month</p>	